

Part One: 1st to 4th Position

1

1st finger to 1st finger shifting

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Exercise 1 consists of 16 measures in bass clef, 3/4 time. The first measure is marked *f*. The notes and fingerings are: 1 (1st), 4 (4th), 2 (2nd), 1 (1st), 1 (1st), 4 (4th), 2 (2nd), 1 (1st), 1 (1st), 4 (4th), 2 (2nd), 1 (1st), 1 (1st), 4 (4th), 2 (2nd), 1 (1st). The key signature changes to C major at measure 7, indicated by a 'C' and a Roman numeral III. The notes and fingerings for measures 7-16 are: 1 (1st), 4 (4th), 2 (2nd), 1 (1st), 1 (1st), 4 (4th), 3 (3rd), 1 (1st), 1 (1st), 4 (4th), 2 (2nd), 1 (1st), 1 (1st), 4 (4th), 2 (2nd), 1 (1st).

2

1st finger to 1st finger shifting

Exercise 2 consists of 16 measures in bass clef, common time. The first measure is marked *f*. The notes and fingerings are: 1 (1st), 2 (2nd), 4 (4th), 1 (1st), 2 (2nd), 4 (4th), 2 (2nd), 1 (1st), 1 (1st), 2 (2nd), 4 (4th), 1 (1st), 2 (2nd), 4 (4th), 2 (2nd), 1 (1st), 1 (1st), 2 (2nd), 4 (4th), 1 (1st), 1 (1st), 3 (3rd), 4 (4th), 1 (1st). The key signature changes to C major at measure 13, indicated by a Roman numeral III. The notes and fingerings for measures 13-16 are: 1 (1st), 2 (2nd), 4 (4th), 1 (1st), 1 (1st), 2 (2nd), 4 (4th), 1 (1st), 1 (1st), 2 (2nd), 4 (4th), 1 (1st), 1 (1st), 4 (4th), 3 (3rd), 1 (1st), 3 (3rd), 4 (4th), 3 (3rd), 1 (1st).